



# 2023 ANNUAL REPORT

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Rupani Foundation USA

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# WORD FROM THE CHAIRMAN

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Dear Friends and Partners,

As we reflect on the milestones of 2023, it is with immense pride and gratitude that I acknowledge the collective efforts that have driven our success. This past year has been a testament to the power of collaboration and the unwavering support of our community.

This year, we also launched two key initiatives that further underscore our commitment to holistic support and well-being. The Thrive Together Project has focused on strengthening community resilience by providing comprehensive home-based early childhood development services targeting children aged 0 – 4 and their parents. Additionally, the Refugee Holistic Well-Being Project has been pivotal in addressing refugee families' and their children's mental, physical, and social needs, offering tailored support that nurtures their integration and overall well-being.

These achievements are only possible thanks to our donors and partners, whose trust and confidence inspire us to pursue our mission to empower individuals and communities to achieve their full potential by advancing holistic human development, even in the face of daunting challenges.

As we look ahead, we remain committed to building on these foundations, ensuring that our programs continue to evolve and meet the needs of the communities we serve. I am deeply grateful to all our partners, funders, and team members for their unwavering dedication, and I look forward to achieving even greater heights together.

Nasruddin Rupani  
Chairman of the Rupani Foundation USA

# WHO WE ARE

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Registered as 501(c)(3) in 2007, the mission of the Rupani Foundation is to empower individuals and communities to achieve their full potential by advancing holistic human development.

Our program initially focused on improving and providing access to quality preschool education in Pakistan and Afghanistan. In 2017, we extended these efforts to Harris County, recognizing the barriers economically disadvantaged refugee and migrant families and their children in the Greater Houston Area faced in accessing school readiness and parenting programs.

Through the years, we have expanded our outreach in Fort Bend County, in addition to providing complementary wraparound services to children and parents in collaboration with local service providers focusing on prenatal health, mental health, and nutrition, as well as English as a second language, financial literacy for parents, among others.

# PROGRAM UPDATE

## THE REFUGEE HOLISTIC WELL-BEING PROJECT

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The Ethnic Community Self-Help Program, funded by the Office for Refugee Resettlement (ORR), successfully completed its third and final year, focusing on enhancing early childhood development (ECD) services and addressing critical health and hygiene needs, particularly for Afghan refugee communities in Houston. Taking into account language barriers as well as religious and cultural considerations, our ECD services were designed to help young mothers and their children develop physical, cognitive, social-emotional, and language skills. In parallel, health education sessions covered reproductive health, family planning, prenatal care, and postnatal care, promoting the well-being of our clients throughout pregnancy and childbirth. Additionally, recognizing the psychological challenges and trauma often faced by refugees due to displacement, conflict, and other stressful experiences, we provided access to mental health support and counseling when needed. In 2023, 230 individuals, of whom 72% were women, participated in these sessions.

Our community roundtables and town hall meetings also provided a platform for refugees to express their concerns and gain critical information on services such as healthcare and education. Through our health referral system, we ensured our clients had access to comprehensive healthcare services, including medical screenings, preventive care, and treatment for existing health conditions.

Finally, in October 2023, we secured additional funding from the ORR to extend this program for another three years, benefiting Afghan 500 refugees and their children.

## THRIVING TOGETHER

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This year, we launched the project Thriving Together project with the financial support of the Harris County in partnership with the Hackett Center for Mental Health and the Children's Museum Houston. This three-year initiative aims to improve relational health between caregivers and young children, build caregiver knowledge and skills for nurturing interactions, and address common feelings of isolation and stress within families facing multiple systemic barriers.

During our first year of activity, we opened parenting classes in nine apartment complexes, reaching 178 parents and 282 children. These classes comprised the Informed Parents (IP) and Brain Builders programs.

# PROGRAM UPDATE

Developed by the Rupani Foundation, the IP program offers interactive weekly sessions with parents and children, monthly parent-only meetings, and personalized home visits over 12 to 24 weeks. These activities teach parents about physical, cognitive, and emotional development, fostering behavioral change through sustained coaching. Brain Builders is a six-week program initiated by the Hackett Center for Mental Health with the objective to equip parents with brain science in a simple, practical format, emphasizing the long-term value of early interactions like talking and playing with children. It also helps mitigate parental isolation, build social connections, and boost parents' confidence in supporting their own well-being and their child's development. These family-centered, evidence-based programs were delivered by our nine teachers, who are also trained as community health workers, therefore allowing them to provide health advice and referral support to our clients.

We also provided wraparound services to 183 children and 699 parents and caregivers.

## **SUPPORT HUB MENTAL HEALTH**

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In November 2022, we launched the Support HUB, a community-based initiative aimed at enhancing early childhood mental health intervention for multi-ethnic, low-income families in the Houston area. This program targets youth under 14 and their families, utilizing a socio-ecological approach to address social, emotional, and behavioral needs, while also supporting community mental health resources through partnerships and navigation services. Key activities include outreach, mental health education, and support provided by trained Child and Family Consultants, who are multilingual and experienced in psychology and community development. The initiative collaborates with organizations like the Ibn Sina Foundation, the Hackett Center for Mental Health, and the National Alliance for Mental Illness (NAMI)-Greater Houston.

# FINANCIAL REPORT

The financial results reflected here are derived from the Rupani Foundation audited consolidated financial statements.

The Rupani Foundation is a non-profit, tax-exempt organization under section 501(c)(3) of the Internal Revenue Service code.

The Rupani Foundation's financial statements are audited by Porter & Company.

<b>ASSETS</b>	<b>2023</b>	<b>2022</b>
Cash and cash equivalents	\$ 1,170,702	\$ 2,583,852
Pledge receivable	81,760	18,769
Fixed assets net of depreciation	23,275	-
<b>TOTAL ASSETS</b>	<b>\$ 1,275,737</b>	<b>\$ 2,602,621</b>
<b>LIABILITIES</b>	<b>2023</b>	<b>2022</b>
Program Expenses	\$ 128,552	\$ -
Payroll liabilities	3,828	4,801
Deferred Revenue	883,446	1,540,000
Current portion of debt	7,692	9,024
Federal disaster loans proceeds	128,261	134,621
<b>TOTAL LIABILITIES</b>	<b>\$ 1,151,779</b>	<b>\$ 1,688,446</b>
<b>NET ASSETS</b>	<b>\$ 123,958</b>	<b>\$ 914,175</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$ 1,275,737</b>	<b>\$ 2,602,621</b>

# FINANCIAL REPORT

<b>REVENUES</b>	<b>2023</b>	<b>2022</b>
Grants	\$ 1,456,281	\$ 198,523
Public Support	1,061,380	1,067,098
<b>TOTAL REVENUES</b>	<b>\$ 2,517,662</b>	<b>\$ 1,265,621</b>
<b>EXPENSES</b>	<b>2023</b>	<b>2022</b>
Program	\$ 1,147,023	\$ 657,448
Personnel	733,855	445,792
Professional Fees	148,898	59,388
Public relations	415,857	94,885
Office	89,557	45,659
Travel & Conferences	13,600	19,471
Staff Development	10,300	-
Other functional expenses	48,789	13,856
<b>TOTAL EXPENSES</b>	<b>(2,607,879)</b>	<b>(1,336,499)</b>
<b>NET ASSETS</b>	<b>\$ (90,217)</b>	<b>\$ (70,878)</b>

# DONORS & PARTNERS

Our achievements in 2023 would not have been possible without the financial support of Harris County, the Office for Refugee Resettlement, the Episcopal Foundation, and the Greater Houston Community Foundation.

Additionally, our partnerships with key organizations, such as the Hackett Center for Mental Health, the Children's Museum, the Ibn Sina Foundation, and Dia De La Mujer Latina, among others, have been instrumental in the successful implementation of our programs. We are also proud to be active participants in several Houston-based coalitions, including the Refugee Consortium, the Houston Infant Toddler Coalition, and March of Dimes, among others.

# BOARD OF DIRECTORS

Nasruddin Rupani – Chairman

Imtiaz Munshi – Treasurer

Michael Dotson – Board Member

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Dr. Andrea Caracostis – Board Member

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